



**International seminar -
Variability in sleep: Impact for diagnosis of sleep disorders and
outcomes prediction**

December 15th 2023 - Grenoble Alpes University

Start	Speakers	Title of presentations
8:30 – 9:00	Welcome coffee	
9:00 -9:15	E Gaussier <i>MIAI Grenoble Alpes University</i>	Opening remarks
9:15 – 9:35	B Lechat <i>Adelaide Institute for Sleep Health</i>	Multiple nights recordings: Improvement in diagnosis reliability and outcomes prediction
9:35 – 9:55	S Bailly <i>Grenoble Alpes university</i>	Sleep variability across seasons
9:55 – 10:15	JB Martinot <i>Namur university</i>	Multiple nights recordings using Mandibular movements for characterizing SDB and sleep
10:15 – 10:45	Pause	
10:45 – 11:00	T Lepannen/ Matias Rusanen <i>University of Eastern Finland</i>	AI tools in sleep staging
11:00 -11:20	Gianfranco Paratti <i>University of Milano-Bicocca</i> Virtual presentation	Blood pressure variability, sleep and outcomes prediction
11h20 – 11h40	Adeline Leclercq-Samson <i>Grenoble Alpes university</i>	Variability in treatment adherence
Lunch		
13:30 – 13:50	Vincent Martin <i>Luxembourg Institute of Health</i>	Variability in symptom networks across sleep disorders
13:50 – 14:10	Erna Stiff Arnodottir <i>Reykjavik university</i> Virtual presentation	Assess variability in PROMs
14:10 – 14:30	Sébastien Baillieul <i>Grenoble Alpes university</i>	Variability in sleep apnea and stroke: from care pathways to health trajectories
14:30 – 14:50	Séverine Louvel / Héléna Revil <i>Grenoble Alpes university</i>	Sleep well, sleep enough? sociological questions raised by variability in sleep and sleep apnea
14:50 – 15:10	JL Pépin <i>Grenoble Alpes university</i> Closing remarks and perspectives	Perspective and future collaborations JLP Pépin MIAI international

15min presentations and 5 minutes questions